



Group Supervision Topics

- ◆ Group supervision sessions have been designed for the attendance of qualified social workers and student social workers
- ◆ The 1 ½ hour group supervision sessions can be purchased individually and are delivered as an interactive workshop to a minimum of eight people and a maximum of fifteen people
- ◆ 'An Overview of Group Supervision' has been prepared so managers and attendees are aware of overall aims and objectives
- ◆ A 'Social Work Group Supervision Account' has been prepared to enable attendees to record a summary of their attendance at a group supervision session and provide evidence of continuous professional development

Group Supervision Sessions

- ◆ Maintaining a Healthy Wellbeing - A session to optimise the wellbeing of social workers in the workplace
- ◆ Boosting Resilience in Individuals and Teams- An interactive session to support individuals and teams to minimise professional challenges and maximise collective strengths
- ◆ SWORD Exercise- Use of 'The SWORD Change Project' from 'Research in Practice' which offers a research informed approach to improve organisational resilience
- ◆ Team Building Exercise 1- Use of 'One Page Profiles', a 'Strength Spotting' exercise and sharing reflective experiences exercise to improve team cohesion
- ◆ Team Building Exercise 2- Use of the 'Tree of Life' exercise and an exercise to offer a positive approach to manage professional conflict
- ◆ Professionalism- A session to analyse the role of a professional and promote professional practice in social work
- ◆ Professional Boundaries Session- An opportunity to analyse professional boundaries in social work, using real life case examples, to generate thoughtful discussion and encourage safe practice

- ◆ The Regulation of Social Work and the Disclosure and Barring Service (DBS)- An overview of the history of social work regulation and the DBS service with discussion questions, to promote learning and apply Social Work England's professional standards to practice
- ◆ Social Work Values - A refresh on core social work values and how these are applied to practice, including consideration of Social Work England's Professional Standards
- ◆ Advocacy and Human Rights- A session to explore advocacy in practice and examine whistleblowing considering some real life practice examples to promote safe good practice
- ◆ Safeguarding Adults- An overview of safeguarding adults offering an opportunity to address any fears and concerns social workers may have in this area of practice. Also, the use of real life case examples to improve confidence, generate thoughtful discussion and encourage safe practice
- ◆ Strength Based Approach- A practical discussion of a strength based approach with use of the '*five-quadrant model*' and a practical application of the Care Act to improve social work assessment skills in line with this legislation
- ◆ Lone working- A workshop to raise awareness about the risks of lone working in social work practice and exploring how these can be minimised to improve personal safety and the safety of other colleagues
- ◆ Approved Mental Health Professionals (AMHP) Reflective Cycle Tool- The application of '*Gibbs reflective model*' to AMHP assessment work

